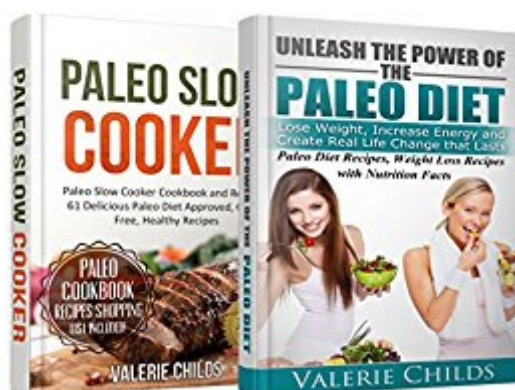


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# Paleo Diet: Paleo Slow Cooker COMBO 2 IN 1 SET - Paleo Diet For Beginners, Paleo Slow Cooker Cookbook, Paleo Diet Recipes And Paleo Slow Cooker Recipes, ... (Paleo Diet Paleo Slow Cooker COMBO SET 1)



## Synopsis

The Paleo Diet â€” COMBO SET 2 IN 1 BUNDLE!! The Ultimate No B.S Approach To Weight Loss, Increased Energy Levels and Overall Well-Being Revealed The Ultimate Paleo Slow Cooker Book! ALL IN ONE! COMBO SET 2 IN 1 BUNDLE!! Paleo Slow Cooker Cook Book, Paleo Slow Cooker Recipes, Paleo Slow Cooker Meal Plans! PLUS Each Recipe INCLUDES NUTRITIONAL FACTS! BONUS Paleo Slow Cooker Shopping List! DON'T MISS OUT ON THIS! Here Is A Sneak Peakâ€” ((Attn: FREE BONUS INSIDE!)) Discover How Changing Your Eating Habits Can Fight and Prevent Disease! Learn the Key / Best Foods To Eat For Optimum / Faster Weight Loss Results Learn Why Goal Setting Is Vital For Success and How You Will Reach Your Desired Destination Faster If You Do This Very Thing Right! Discover Which Foods Are Destroying Your Progress And Why They Need To Be Eliminated From Your Current Diet 60+ Delicious, Tested and Winning Recipes Works For All Body Shapes And Sizes Paleo Doesn't Have To Be Expensive - Can Be Done On A Budget / Can Be Cost Efficient Much, much more! Quick, Easy and Simple Paleo Diet Overview! Discover What Foods Are Acceptable on the Paleo Diet? Tips and Tricks for the Ultimate Slow Cooker Meals! Pork and Lamb Paleo Recipes! Beef Paleo Recipes! Chicken and Turkey Paleo Recipes! Fish and Seafood Paleo Recipes! Duck Paleo Recipes! Vegetable Paleo Recipes! Warm Dessert Paleo Recipes! The Best GO-TO, Easy to Use Paleo Shopping List! Much, much more! Want free books? Go here: <http://fatlosswithpaleo.com> Today only, get this bestseller for just \$0.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. Learn the weight loss secrets to hundreds of thousands of people worldwideâ€” | Hundreds of thousands of people worldwide have applied themselves to the Paleo eating habits and have experienced new levels of energy, weight loss, and becoming more immune to various diseases. Are you ready to jump on the Paleo train just yet? I'm guessing you're at least CURIOUS since you're reading the description of this book. Okay, before you decide, let me tell you what this book will help you with. Have you ever struggled to lose weight because you couldn't stick to a "diet", or you're tired of lacking energy all the time, or simply want to get rid of all the processed foods in your diet and don't know how to go about it? | If that's you, then I've got good news for you. This book will guide you from beginning to end on what you ought to do in order to succeed in the Paleo way of eating. You'll learn how you too can make this a lifestyle, and actually enjoy it, not feeling like you're on a strict diet. Because you know as much as anyone how difficult it is to ever stick to a "diet". Maybe you've tried various diets in the past and have failed at every single one of them, and maybe you're looking at trying out the "paleo diet" as a last resort. Well then let me tell you how happy I am for you that you're giving this your last try and not

some fad diet out there. In this book youâ™re given my 7 Day Proven Fat Attack Plan, with 60+ recipes to choose from with tons of variation. I promise you will not get bored. Have fun, enjoy life and lose weight in the process. I will ask you this - Please write about your successes in the review section so other people that are in doubt can take a leap of faith and invest in their health like you did (plus by you giving reviews you actually help me reaching out to more people with this information). Yours in health, Valerie Childs Take action today and download this book for a limited time discount of only \$0.99! <http://fatlosswithpaleo.com/> © Great Reads Publishing 2015 All Rights Reserved tags: paleo, paleo diet, paleo recipes, paleo cookbook

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## **Customer Reviews**

Delicious recipes are in this nutritional diet guide. How to cook the meal properly, keep far away from processed foods, use a slow cooker and how to obtain the most health benefits with this healthy Paleo diet. With this recipe book you will be able to make a super healthy meal in under a half an hour! This combined diet guide and recipe book is absolutely essential for anyone who wants to get

on a healthy eating plan!

I love cooking in my slow cooker and we have been trying different diets with only limited success. I am glad there is finally a diet book that explains the health benefits along with a recipe book. Normally they just throw a few recipes into the diet book and that is it. Having a separate recipe book is great, and it being a slow cooker one is even better! Can't wait to try it out.

These are very helpful books they are full of information and great recipes. The guide explains the Paleo diet and all its health benefits to a healthier lifestyle. People think diet they have to give up meat see this one you don't there still so many great foods you can eat really your not giving up nothing just doing things differently. Both books are great!!!!

This book explains a LOT about the Paleo diet. Apparently, paleo diets has been a hot topic lately, and this book adds to the list of useful books about it. It contains a lot more content though, so that you get something for what you pay.

This book mainly deals with various recipes with easier tips & this book is perfect for one who wishes to be healthier by following a good diet & I can assure you that you never get bored of these recipes.

No, it's not just another Paleo diet book. This really is a combo 2 in 1 set with a cook book which has more than 60 new recipes. So far I have not tested all of them, but the ones I cooked were delicious. Especially the Warm Dessert Paleo Recipes are fantastic! In my opinion the other part of the book set is even more important. It explains what the Paleo Diet is, what it does and explains how it works. You get lots of information about food in general and what's good to eat and what is not. I can highly recommend these books!

I have been on the Paleo diet for quite some time now but this is the first time I will be using the slow cooker on this type of diet. It is interesting to know what kind of recipes I will be using for the following days because there are so many delicious ones in this book.

A cook book with 60 recipes. A good combo for a Paleo Diet guide plus Paleo Cook Book that can help you maximize the benefits of Paleo Dieting. These books help you understand what is Paleo Diet and explain how it works. I've been into dieting in the past but none of them seems to have an

effect on me but this one gave me a chance to become new. Easy, effective and it works. Just like that. Highly recommended books.

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